

## Starters

- GUACAMOLE & BLUE CORN CHIPS** GF 8<sup>99</sup>  
organic blue corn chips
- HOUSEMADE HUMMUS** 8<sup>99</sup>  
served with crudités & pita bread
- BUFFALO BITES** GFJR 7<sup>99</sup>  
dehydrator braised cauliflower tossed in house-made buffalo sauce; served chilled with celery & ranch dipping sauce
- FLORIDA ROLL** GFJR 14<sup>99</sup>  
tamari infused watermelon 'tuna', mango, riced jicama, & avocado; served with ginger, wasabi & tamari sauce
- MED PLATTER** 12<sup>99</sup>  
falafel balls, hummus, dolma, greek salad; served with pita bread
- SPINACH & MUSHROOM QUESADILLA** 6<sup>99</sup>
- ARTISANAL WALNUT FLATBREAD** GFJR 12<sup>99</sup>  
2 breads topped with tomato-walnut pesto, herbed macadamia ricotta, black olives, capers, baby arugula, caramelized onions & basil

## Salads

- THE CIDER PRESS SALAD** GFJR 7<sup>99</sup> | 11<sup>99</sup>  
mixed greens, apple, carrot, seasonal berries, & smoked walnuts; tossed with lemon-ginger-apple cider vinaigrette
- CAESAR SALAD** GFJR  
romaine lettuce, walnut croutons, & pine nut parmesan; tossed with cashew caesar dressing
- KALE RANCH SALAD** GFJR  
massaged kale; avocado, sun dried tomato, & coconut bacon; topped with creamy celery ranch dressing
- FLORIDA CHOPPED SALAD** GFJR  
spring greens, spinach, mango, tomato, avocado, red onion, & coconut bacon; dressed with a pineapple vinaigrette
- FIESTA SALAD** GFJR 12<sup>99</sup>  
romaine with smoked chipotle dressing, portobello fajitas, guacamole, pico de gallo, jalapeños, & crema macadamia  
add rice & beans +1<sup>99</sup>
- SONOMA JACK SALAD** GF 8<sup>99</sup>  
jackfruit 'chicken', vegan Mayo, cranberries, walnuts, green onions; served on a bed of mixed spring greens

SALAD ADDITIONS		
burger		+6 <sup>99</sup>
'steak' strips	+4 <sup>99</sup>	avocado +1 <sup>99</sup>
chick'n strips	+6 <sup>99</sup>	vegan cheese +1 <sup>99</sup>

Kids Menu (under 8 only, please)	
FRUIT SALAD GF	2 <sup>99</sup>
GRILLED CHEESE SANDWICH	
MAC & CHEESE	
QUESADILLA	4 <sup>99</sup>

## Soups

- TOMATO BASIL** GF 3<sup>99</sup> | 7<sup>99</sup>
- CORN CHOWDER** GFJR  
corn, cashew buttercream, coconut, pico de gallo
- SOUP OF THE DAY**  
ask your server for today's selection

## Sammies

Choose one side dish

- AVOBLT** GFJR 12<sup>99</sup>  
avocado, eggplant bacon, lettuce, tomato, and sun dried tomato pesto on house-made walnut-squash flatbread or toasted Dave's Killer Bread®
- BBQ JACK SANDWICH** 10<sup>99</sup>  
bbq jackfruit and summer slaw on a kaiser roll
- THE BURG CHEESESTEAK'** 12<sup>99</sup>  
chick'n strips, grilled onions and sweet peppers, & vegan cheddar on a hoagie roll

## Burgers

Choose one side dish

- THE BBP BURGER** 15<sup>99</sup>  
Beyond Meat® Beyond burger blended with mushrooms & garlic, topped with eggplant bacon-tomato jam, arugula, crispy onions & vegan smoked gouda cheese on a kaiser roll  
BLENDING MEMBERSHIP & MIND PROJECT TO MAKE BURGERS BETTER **JAMES BEARD FOUNDATION**
- ULTIMATE BURGER** 14<sup>99</sup>  
Beyond Meat® Beyond burger "the one that bleeds", lettuce, tomato, onion, pickle, & ketchup, mustard and mayo on a kaiser roll
- BEACH BURGER** 15<sup>99</sup>  
Beyond Meat® Beyond burger, grilled pineapple, vegan cheese, coconut bacon & ketchup on a kaiser roll
- BELLO BURGER (R)** 12<sup>99</sup>  
marinated portobello cap (raw or grilled), arugula, tomato, eggplant bacon, cashew cheese spread & house mayo on a kaiser roll
- FALAFEL BURGER** 12<sup>99</sup>  
falafel patty, cashew tzatziki, tomato, pickle, spinach, & sun-dried tomato pesto on a kaiser roll

BURGER ADDITIONS		
avocado	+1 <sup>99</sup>	vegan cheese +1 <sup>99</sup>
eggplant bacon	+1 <sup>99</sup>	gluten free bun +1 <sup>99</sup>

## \$9<sup>99</sup> Menu

- LUNCH COMBO**  
choice of soup & salad (dine in only, excludes fiesta salad)
- GRILLED CHEESE & TOMATO SOUP**  
grilled vegan cheese on Dave's Killer Bread® and a cup of tomato basil soup

Choose one side dish

- MUFFULETTA**  
a New Orleans classic! vegan pepperoni, vegan salami, vegan cheese and spicy olive salad on a kaiser roll
- CUBAN JACK SANDWICH**  
jackfruit 'ropa vieja', pickles, olives, mustard and mayo on a hoagie roll
- SONOMA JACK SANDWICH**  
jackfruit 'chicken' salad, walnuts, cranberries, lettuce, tomato on a croissant

## Mains

add a House Salad +3<sup>99</sup>

- GARDEN LASAGNA** GFJR 14<sup>99</sup>  
layers of marinated zucchini noodles, tomatoes, sun dried tomato marinara, herbed cashew ricotta, & basil walnut pesto; served with onion bread
- PAD THAI** GFJR 14<sup>99</sup>  
kelp and zucchini noodles, spicy tamarind sauce, mixed vegetables, pineapple, & tamari almonds; served on top of sweetened shredded cabbage
- CHEESE ENCHILADAS** GFJR 14<sup>99</sup>  
3 spiced corn tortillas filled with spinach & jalapeño queso fresco; topped with salsa verde, cashew crema & pickled jalapeños; served with corn maque choux
- CUBAN PLATTER** GF 12<sup>99</sup>  
jackfruit 'ropa vieja', fried plantains, & black beans & rice

Sides		2 <sup>99</sup>
CORN SALAD GFJR	BLACK BEANS & RICE GF	
CUKES & TOMATOS GFJR	MAC & CHEESE	
FRUIT SALAD GFJR	POTATO SALAD GF	
SLAW GFJR	PLANTAINS GF	
Upgrade		3 <sup>99</sup>
KALE CHIPS GFJR	HOUSE SALAD GFJR	

**Allergies?** Please inform your server before ordering **GF=Gluten Free | R=Raw**

**Hours:** Open 11a; Close Monday-Thursday 9p, Friday-Saturday 10p, Sunday 8p 11/3/17