

Starters

- GUACAMOLE & BLUE CORN CHIPS** GF 8⁹⁹
organic blue corn chips
- HOUSEMADE HUMMUS** 8⁹⁹
served with crudité's & pita bread
- BUFFALO BITES** GFJR 7⁹⁹
dehydrator braised cauliflower tossed in house-made buffalo sauce; served chilled with celery & ranch dipping sauce
- FLORIDA ROLL** GFJR 14⁹⁹
tamari infused watermelon 'tuna', mango, riced jicama, & avocado; served with ginger, wasabi & tamari sauce
- MED PLATTER** 12⁹⁹
falafel balls, hummus, dolma, greek salad; served with pita bread
- SPINACH & MUSHROOM QUESADILLA** 6⁹⁹
- BEYOND BURGER ARTISANAL WALNUT FLATBREAD** GFJR 12⁹⁹
2 breads topped with tomato-walnut pesto, herbed macadamia ricotta, black olives, capers, baby arugula, caramelized onions & basil

Salads

- THE CIDER PRESS SALAD** GFJR 7⁹⁹ | 11⁹⁹
mixed greens, apple, carrot, seasonal berries, & smoked walnuts; tossed with lemon-ginger-apple cider vinaigrette
- CAESAR SALAD** GFJR
romaine lettuce, walnut croutons, & pine nut parmesan; tossed with cashew caesar dressing
- KALE RANCH SALAD** GFJR
massaged kale; avocado, sun dried tomato, & coconut bacon; topped with creamy celery ranch dressing
- FLORIDA CHOPPED SALAD** GFJR
spring greens, spinach, mango, tomato, avocado, red onion, & coconut bacon; dressed with a pineapple vinaigrette
- FIESTA SALAD** GFJR 12⁹⁹
romaine with smoked chipotle dressing, portobello fajitas, guacamole, pico de gallo, jalapeños, & crema macadamia
add rice & beans +1⁹⁹

SALAD ADDITIONS		
beast burger		+6 ⁹⁹
'steak' strips	+4 ⁹⁹	avocado +1 ⁹⁹
chick'n strips	+6 ⁹⁹	vegan cheese +1 ⁹⁹

Kids Menu (under 8 only, please)	
FRUIT SALAD GF	2 ⁹⁹
GRILLED CHEESE SANDWICH	
MAC & CHEESE	
QUESADILLA	4 ⁹⁹

Mains

- add a House Salad +3⁹⁹
- GARDEN LASAGNA** GFJR 14⁹⁹
tomato, marinated zucchini noodles, sun dried tomato marinara, herbed cashew ricotta, basil walnut pesto served with onion bread
- CHEESE ENCHILADAS** GFJR 14⁹⁹
3 spiced corn tortillas filled with spinach & jalapeño queso fresco, topped with salsa verde, cashew crema & pickled jalapeños served with corn maque choux
- CUBAN PLATTER** 12⁹⁹
jackfruit "ropa vieja", black beans & rice, fried plantains
- FAJITAS** 16⁹⁹
'steak', chick'n or portobello mushroom with grilled veggies, pico de gallo, rice & beans; served with flour tortillas
- PAD THAI** GFJR 14⁹⁹
kelp and zucchini noodles, spicy tamarind sauce, mixed vegetables, pineapple, cabbage, tamari almonds

Soups

- TOMATO BASIL** GF 3⁹⁹ | 7⁹⁹
- CORN CHOWDER** GFJR
corn, cashew buttercream, coconut, pico de gallo
- SOUP OF THE DAY**
ask your server for today's selection

Sammies

- Choose one side dish
- AVOBLT** GFJR(R) 12⁹⁹
avocado, eggplant bacon, lettuce, tomato, and sun dried tomato pesto on house-made walnut-squash flatbread or toasted Dave's Killer Bread®
- THE BURG CHEESE STEAK'** 12⁹⁹
'steak' strips, grilled onions and sweet peppers, vegan cheddar on a hoagie roll
- BBQ JACK SANDWICH** 10⁹⁹
bbq jackfruit and summer slaw on a kaiser roll
- SONOMA JACK SANDWICH** 9⁹⁹
jackfruit "chicken" salad, walnuts, cranberries, lettuce, tomato on a croissant

Burgers

- Choose one side dish
- THE BBP BURGER** 15⁹⁹
Beyond Meat® Beyond burger blended with mushrooms & garlic, topped with eggplant bacon-tomato jam, arugula, crispy onions & vegan smoked gouda cheese on a kaiser roll

BLENDING BURGER PROJECT

JAMES BEARD FOUNDATION
- ULTIMATE BURGER** 14⁹⁹
Beyond Meat® Beyond burger "the one that bleeds", lettuce, tomato, onion, pickle, & ketchup, mustard and mayo on a kaiser roll
- BEACH BURGER** 15⁹⁹
Beyond Meat® Beyond burger, grilled pineapple, vegan cheese, coconut bacon & ketchup on a kaiser roll
- MONSTER BACON BURGER** 21⁹⁹
We dare you to try this! TWO Beyond burger patties, all the fixings plus eggplant bacon. A whopping 50 grams of protein!
- BELLO BURGER (R)** 12⁹⁹
marinated portobello cap (raw or grilled), arugula, tomato, eggplant bacon, cashew cheese spread & house mayo on a kaiser roll
- FALAFEL BURGER** 12⁹⁹
falafel patty, cashew tzatziki, tomato, pickle, spinach, & sun-dried tomato pesto on a kaiser roll

BURGER ADDITIONS			
avocado	+1 ⁹⁹	vegan cheese	+1 ⁹⁹
eggplant bacon	+1 ⁹⁹	gluten free bun	+1 ⁹⁹

Sides		2 ⁹⁹
CORN SALAD GFJR	BLACK BEANS & RICE GF	
CUKES & TOMATOS GFJR	MAC & CHEESE	
FRUIT SALAD GFJR	POTATO SALAD GF	
SLAW GFJR	PLANTAINS GF	
Upgrade		3 ⁹⁹
KALE CHIPS GFJR	HOUSE SALAD GFJR	